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**THE AUSTERITY
KITCHEN**
BY [CHRISTINE
BAUMGARTHUBER](#)

Where the alimentary is
elementary.



“Draw thee towards Him, that thou
mayest proclaim / With how many
teeth this love is biting thee” –
Dante Alighieri, *The Divine
Comedy: Paradise*

“German pretzels are made from a
dough raised with yeast, and just
before baking the strips are
plunged in boiling water in which
oat straw is soaked,” writes Edgar
Henry Summerfield Bailey in *Food
Products* (1921). “After salting
heavily the pretzels are baked
quickly, and then allowed to cool
slowly in a warm oven.”

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*Coweye Burgers and
Plastic Malts*
Dinner with Caligula
*A Contrary Image of
Steaming Excrement*

Love Bites

By [CHRISTINE BAUMGARTHUBER](#)



“Just Right”----

*that is what the dentist says
who uses Williams Casting Golds*

Temptation rides a whiff of ether in Frank Norris’s *McTeague* (1899). The novel relates the romantic adventures of its title character, a San Francisco dentist who falls in love with Trina, a young lower-class woman who visits him for treatment of a carious tooth.

Upon inspection, Trina’s painful bicuspid presents McTeague with a problem. The tooth’s extraction would most certainly mar “the pretty mouth” housing it, he concludes. No, the situation calls for action altogether more delicate. Capping the offending tooth offers the best solution. Use of “bayonet forceps” to force the tooth’s roots into “a flattened piece of platinum wire” will be necessary. On this tricky procedure depend not only a young lady’s fine looks but his professional reputation as well.

The operation proves as time-consuming as it is delicate, taking a fortnight to complete, and the performance McTeague puts in is anything but virtuosic. Though he admits “he bungled it considerable” at certain points, all in all “he succeeded passably well.” Through this process the patient trooped admirably on. Trina came “nearly every other day, and passed two, and even three, hours in the chair.”

Spending so much time with a girl of Trina’s age was quite out of the ordinary for McTeague; with each visit to his office tender feelings toward her grow in him. He finds opportunities to observe her closely. He notices in her nothing of the shop girl or “the young women of the soda fountains.” A man of plain, uncomplicated principles, he values this. Yet he takes a slight liberty. He extracts a small tooth, which he wraps “in a bit of newspaper” and drops in his vest pocket as a memento. Under anesthesia, so “helpless, and very pretty,” Trina senses neither this theft nor the passion behind it.

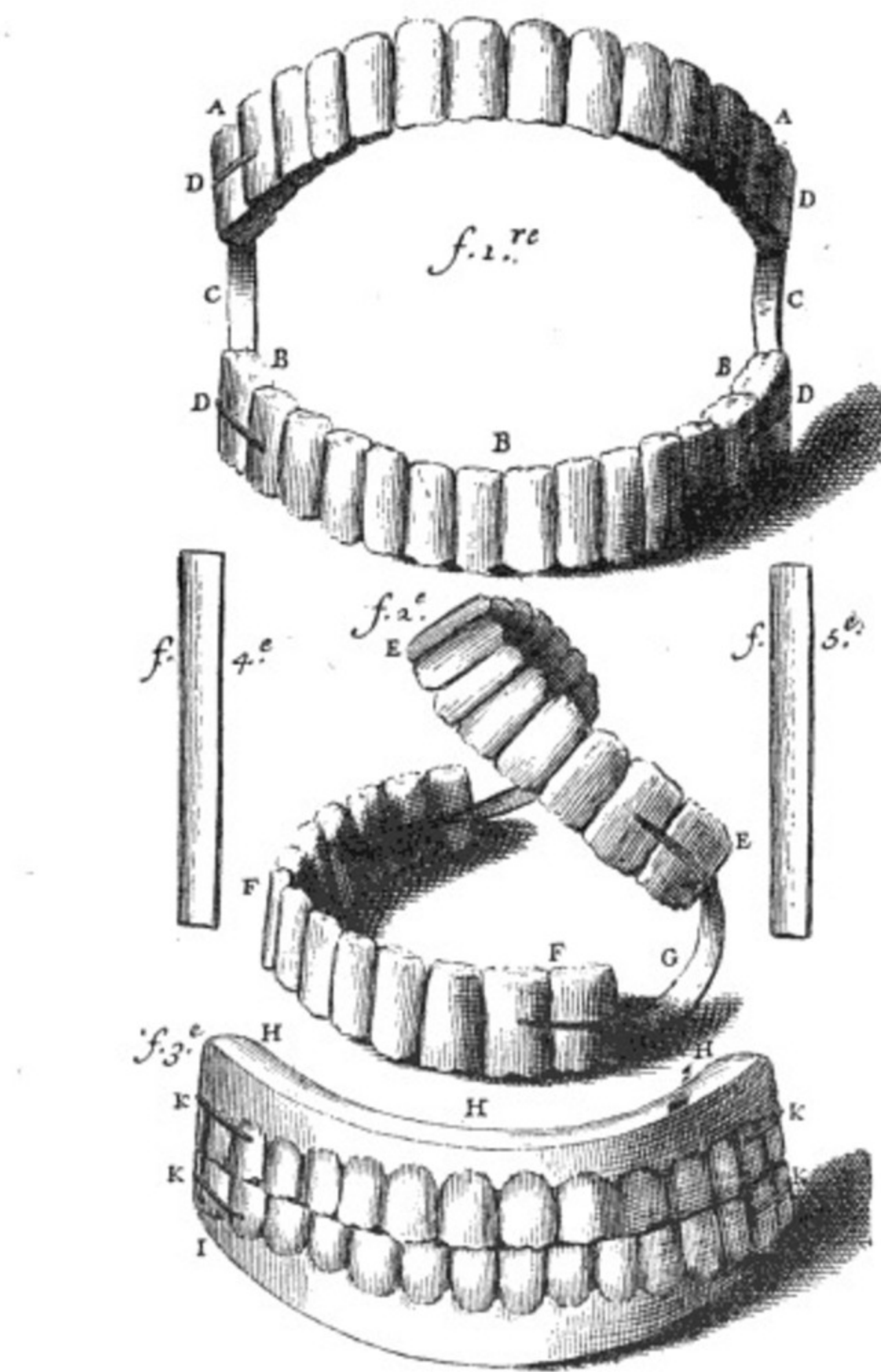


FIG. 23.—Complete dentures. *f.3* represents an enamelled denture with artificial gums; *f.4* and *f.5*, steel springs. (Fauchard.)

Like ether, the affection burgeoning in McTeague escapes his office for the more appropriately pastoral environs of Schertzen Park. Herself taken with her dentist and eager to test his handiwork, Trina invites him to join her family for a beach picnic. “What a day that was for McTeague!,” the narrator exclaims, registering his subject’s joy. “What a never-to-be-forgotten day!” The day indeed passes unforgettably. The lovers play and laugh together while Trina’s family, the Sieppes, pry clams from the mud. Later, they all gather for an elaborate lunch. Trina and her mother prepare “a clam chowder that melted in one’s mouth” accompanied by “huge loaves of rye bread chock full of grains of chickweed” and pretzels. On the picnic cloth wiener-wurst and frankfurters glisten, as does “cold underdone chicken, which one ate in slices, plastered with a wonderful kind of mustard that did not sting.” Mounds of dried apples and “a dozen bottles of beer” are on hand to cleanse the palate, and dessert comes in the form of “a marvellous Gotha truffle.”

The feast lasts two hours. Afterward, the one lover, “stuffed to his eyes,” drowns over his pipe, “prone on his back in the sun,” while the other washes his dishes. This seaside idyll marks the beginning of the couple’s courtship. “McTeague began to call on Trina regularly Sunday and Wednesday afternoons,” the reader learns.

Sublimity often takes root in something mean, like a cowslip in dung, a lily in mud—or love in a rotten tooth.



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Advertisement from *Oral Hygiene*
(1922)

“Caries of the teeth is unusually
common among the insane,”
observes Theodore H. Kellogg in *A
Text-Book on Mental Diseases*
(1897), “and in the toxic insanities
a specially constant symptom.”

Illustration from Vincenzo
Guerini’s *A History of Dentistry
from the Most Ancient Times Until
the End of the Eighteenth Century*
(1909)

“The German mustard gas has a
mustard smell, while the Allied
mustard gas, due to a slight
difference in the method of
manufacture, has a very perfect
garlic odor.” –“Gas in Defense”
(1920).